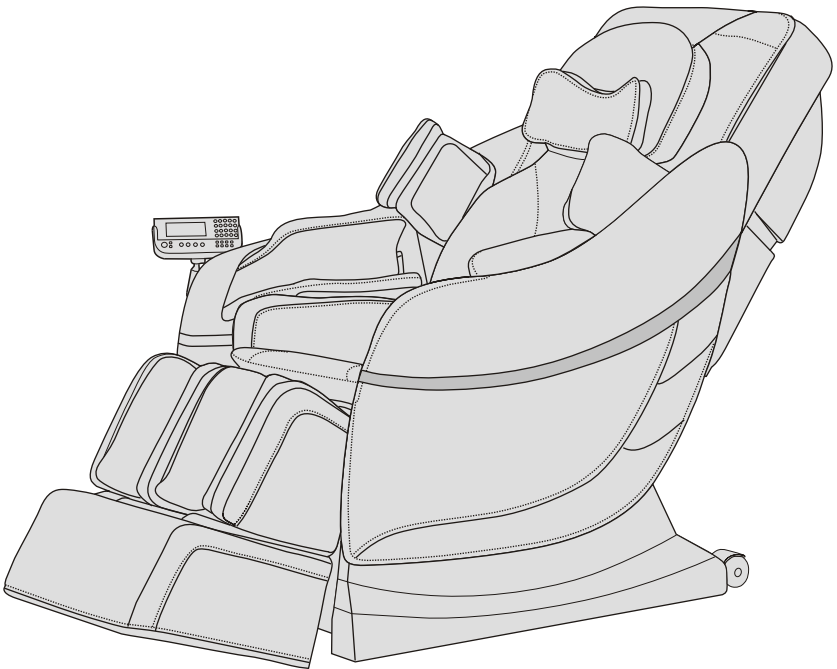


Medical Breakthrough 8™

Frequently Asked Questions



1) How do I make the footrest come up?

On the bottom right of the remote, there are four sets of up and down arrow buttons. The second set of arrow buttons states “footrest” right below them. By holding the up arrow, your footrest will get higher and then you release the button when it gets to your desired height.

2) The Massage Rollers are too high on my neck. How do I make them move down?

If you look on the bottom left-hand side of the remote, next to the power on/off button, you will see up and down arrows that state “Adjust Shoulder” beside it. To make the rollers move down, you simply press the down arrow until it gets to the position you desire.

3) Can I move the rollers during my Back Stretch Massage?

You can adjust the position of the rollers when they're in a fixed or partial back stretch massage. In the second row of circular buttons, you will see a down arrow, a blank middle button, and then an up arrow. The up and down arrows allow you to adjust the position of the rollers either up or down.

4) Why can't I feel the back warmer after I've turned it on?

The warmer takes time to warm up, just like your oven. You will feel the heat after 3 minutes. It is set up this way to prevent injury and to prevent the chair from being destroyed.

5) How do I make my massage lighter?

On the bottom right-hand side of the remote, you will see 4 sets of up and down arrows. The first set will say “Back Intensity” below them. By pressing the down arrow, you will make the massage lighter. There are 5 levels available, so you are sure to find the perfect intensity for your massage.

6) How do I turn the Sole Roller speed up?

In the middle of the remote, you will see the Sole Roller button just beneath the screen. By pressing this button, you can choose between 3-speed levels.

7) Can I turn the feet rollers off?

Yes, you can. By pressing the Sole Roller button multiple times, it will turn off. Depending on what speed you have it on currently will determine how many times you have to press it before it turns off. You usually have to press it 3 times to make it go off.

8) Can I turn the arms off if I don't need that massage?

Yes, you can if you're not in an Auto massage. In the 3rd row of circular buttons on the far right-hand side, you will see the button that states "Arm" below it. Press this button 3 times and the Arm Massage will turn off.

9) How do I make the Arm Massage lighter?

On the 3rd row of circular buttons, you will see the button that states "Arm." Press this button and it will adjust the strength of the massage. There are 3 levels available. So just press this button until you find the right one or you can turn it off if you'd like.

10) How can I make the chair do a deep tissue massage?

This type of massage is one of the automatic massage functions. To activate this massage, you will need to press the Auto button 3 times. This is known as our Ache Release massage which is our deep tissue massage. On the screen next to the guy's head, the display will show F3; that's how you know you're in the right massage.

11) How do I get the Shiatsu massage?

In the 1st row of the round buttons, you can see a bunch of hand positions. To get the Shiatsu massage, press the last hand button on top; the hand that looks like it's doing a "Thumbs Up" motion. There are 2 methods to this massage so to see the other method just press the same button again.

12) What does the Width button do?

This button allows you to adjust the rollers during the "Tapping" massage method or the "Shiatsu" massage method. There are 5 levels to the Width position. It will bring the rollers closer to the center of your back or further out to the edges depending on your preference.

13) What does the 3D button do?

This button moves the hands further out of the chair. They push you further out of the chair so it seems more humanistic, and gives a deeper massage. If you decide you don't like the 3D, just press the button again to turn it off.

14) Can I adjust the strength of the Auto massages?

Yes, you can. You are able to adjust the arms, feet, and back intensity by pressing the Arm, Calves, or the Back Intensity buttons; all depending on what you are wanting to change.

15) How do I turn off the feet massage?

When you're getting one of the hand massages, like the Kneading

or the Shiatsu massage, all you have to do is press the calf button 3 times to turn it off. Each time you press the button it will adjust the intensity until the 3rd time which turns it off.

16) What is the difference between the Waist Twist and the Swing Hip massage?

The Waist Twist uses the chair's airbags to twist your whole body gently, focusing on stretching your waist area. The Hip Twist just rocks your hips side-to-side, while still providing the massage but not as in-depth as the Waist Twist massage. Both are great massages so it just really depends on what you prefer.

17) Can I get the chair to focus on one spot of my back?

Yes, by pressing the round back stretch button. It's in the middle row of the round buttons, which states "back stretch" below it and has arrows on either side. By pressing this button, you will have 3 options. On your screen, you will see an outline of a back beside the guy. Press the button until the back outline has a dot right in the center. That's the fixed position and the arrow buttons allow you to move the position either up or down.

18) What massages can I press the Speed button in?

You can adjust the speed in the Waist Twist, Hip Swing, the Kneading, Tapping, Shiatsu, Shoulder Grasp, Sole Roller and the 3D massages. There are 5 levels for each.

19) What does the Upper-Body button do?

This button uses the airbags to massage your neck, shoulders, waist, and seat all at the same time.

20) Why didn't the chair return to the sitting position after the massage ended?

If the chair ran the full-time limit it will automatically turn itself off without returning to its sitting position. To return to the sitting position to get out of the chair, just press the power button to turn it on. It will then return the chair to its normal position. Press the power button again to turn it off and then exit the chair.

21) How do I know which automatic massage is running?

On your screen next to the front of the sitting guy's head, you will see F1, F2, F3, or F4. F1 is the Relax massage, F2 is the Ease massage, F3 is the Ache Release, and F4 is Fatigue Recover.

22) What does the Waist Stretch button do?

This button fully stretches your waist, not twisting it. The calf

airbags grab your calves and feet and pull them down gently while the chair back reclines slower to stretch out your back and waist.

23) Why isn't the chair massaging after I turned it on?

When you first turn the chair on it does a body scan which takes about 10 seconds. This allows the chair to detect your position and the curves of your body so each massage is better suited just for you.

24) How do I make the backrest come up further?

On the bottom right-hand side of the remote, you'll see a set of 4 up and down arrow buttons. The 3rd set of arrows states "back rest" below it. By holding this up button, the chair back will come up slowly and you then release it when it's at your desired position.

25) Can I make the chair lie back with my feet up?

Yes, you can. In the 4 sets of arrows on the bottom right-hand side of the remote, the last set states "Position Adjust." By holding the down arrow button, your feet will come up as the chair back reclines backward. These buttons control both the foot and back.

26) I'm taller so how do I make the chair fit me better?

In the bottom right-hand side of the remote, there are 4 sets of up and down arrows. Look for the set that states "foot rest" below it, and the set that states "back rest." The up and down arrows will allow you to adjust both separately so the chair will fit you better.

27) How do I make the Shoulder Grasp faster?

Once it is in this massage method, all you have to do is press the speed button. There are 5-speed levels to choose from so finding the right one should be easy.

28) How do I make the massage stronger on my feet?

By pressing the Calf button, you can increase the strength of the massage on your feet. There are 3 levels available. We suggest going through the levels one at a time so you don't cause injury to yourself.

29) How do I make the back massage stronger?

On the bottom right of the remote, there are 4 sets of arrows. The 1st set states "back intensity" below it. Press the up arrow and you will be able to make the massage stronger. There are 5 levels available.

30) Which massage is the best to fully relax me?

To do a relaxing massage, push the Auto button just 1 time. This is the F1 automatic massage that is called the Relax function.

SAVE THESE INSTRUCTIONS